

NHSGA Senior Showcase Invitational 2016

General Meet Information

Hello Everyone,

We have been busy planning this year's Senior Showcase Invitational meet. It will, once again, prove to be a wonderful competition of the nation's most outstanding high school gymnasts.

Our site for this year the meet will be **Ft. Myers Beach, Florida**. The competition gym is set for **Estero Recreation Center** (http://www.pointeestero.com/ Reservations – 800-237-5141. The hotel has agreed to give us a great rate for this resort. We would like all family members to stay at Pointe Estero.

The competition dates of the meet will be **Friday, May 20th and Saturday, May 21st**. We will have an appointed warm up time for each team on Thursday, **May 19th early afternoon** to get a feel for the gym and equipment. Opening Ceremonies for the gymnasts and coaches only will be held **Thursday** evening this year. This year's equipment will be AAI. We plan on **having two sets** of women's equipment and an extra tumble strip. At this time we plan to have just one session, as we have done in the past, but plan on having a true somewhat modified capital cup; teams will warm up on the same equipment they compete on. If we need to go to two sessions because of large numbers we will do that. Further information, forms and changes will be posted on the website as it becomes available. We want to invite all states to send as many gymnasts as possible. You are allowed as many competitors per event per state as you can bring and count the **top 4 scores** for the team score. Floor music must be in **digital format** (mp3) such as on an IPAD, IPOD, personal cell phone, etc or CD. Please bring an **alternative back up copy**. There is no limit on the number of athletes you have on your roster but remember that the gymnast's high school coach **MUST** be a member of the NHSGA. Lead coaches/liaisons—please make sure they are members of the NHSGA, **they need not attend the meet but they need to be members for the gymnast to be eligible!**

In place of the traditional banquet, we will be hosting an Opening Ceremonies where the gymnasts can get to know each other and get a feel for the Florida lifestyle. There will be raffles and "get to know you" activities and very important meet information at this event. This is for gymnasts and coaches only(sorry parents).

Parents/Families: Estero Condos- http://www.pointeestero.com/ This is the hotel that we would like the parents to stay at. Make sure you tell them you are with the National High School Gymnastics Senior Showcase Invitational so you get the discounted rates.

Gymnasts and Coaches Only Diamondhead Beach Resort and Spa http://www.diamondheadfl.com/

The rooms are being held until 5:00pm on April 18, 2016, reserve early©



We hope to make this a great meet for you and memories that will last a lifetime.

Gymnastically,