

2011 THSGCA STATE GYMNASTICS CHAMPIONSHIPS

Wednesday

Men & Women

5:00 - 7:00 pm Open Workout - During this time you may also pick up your packets, goody bags, shirts and pay your entry fees

Thursday

Men's Compulsories

9:00am Stretch/Coaches Meeting
9:45-10:00 March In/Opening Remarks
10:00-1:00 Competition

Women's Compulsories

3:00pm Stretch/Coaches Meeting
3:45-4:00 March In/Opening Remarks
4:00-7:00 Competition

Friday

Men's Optionals

9:00am Stretch/Coaches Meeting
9:50-10:00 March In/Opening Remarks
10:00-2:00 Competition
2:00-3:00 Men's Team & All Around Awards

Women's Optionals

3:30pm Stretch/ Coaches Meeting
4:20-4:30 March In/ Opening Remarks
4:30-8:30 Competition
8:30-9:30 Women's Team & All Around Awards

Saturday

Individual Event Finals

8:30am-10:00 Stretch/ Warm up
10:00-10:30 Grand March In
10:30-2:00 Competition
2:00-2:45pm Individual Event Awards