## 3 hand placement bonus:

Any listed skill in the COP that is a "3 hand placement" skill will receive 0.1 bonus. A "3 hand placement" skill is defined as any skill or sequence that has 3 or more consecutive hand placements on one pommel. Since these skills do not have their own element group, it is up to the judge to determine when a "3 hand placement" skill has been performed. The following are listed skills that will receive the bonus:

EG III

• III.33 – "travel with ½ spindle in side support" \*\*Note: gymnast must have all 3 hand placements on the pommel to receive this bonus\*\*

EG IV

- IV.14 "Direct Stockli B"
- IV.63 "Russian Wendeswing 360 or 540 on one pommel. \*\*Note: gymnast must have 3 consecutive hand placements on one pommel to receive this bonus\*\*
- IV.64 "Russian Wendeswing 720 or 900 on one pommel.\*\*Note: gymnast must have 3 consecutive hand placements on one pommel to receive this bonus\*\*
- IV.65 "Russian Wendeswing 1080 or more on one.\*\*Note: gymnast must have 3 consecutive hand placements on one pommel to receive this bonus\*\*

In addition to these listed skills, The following sequences will receive a "3 hand placement" bonus as well.

## SEQUENCES

- A direct stockli "B" may be performed several different ways. Side support circle with a ¼ turn to a circle in cross support on one pommel (B). The sequence has at least 3 consecutive hands on one pommel and will receive a "3 hand placement" bonus.
- Flop sequences Any flop sequence that has at least 3 consecutive hand placements on one pommel will receive a "3 hand placement" bonus
- Side support circle, <sup>1</sup>/<sub>4</sub> turn to one pommel, Russian 180° to end.

*Any sequence that has 3 consecutive hand placements on one pommel will receive this bonus.*