

# TEXAS HIGH SCHOOL GYMNASTICS COACHES ASSOCIATION MEN'S 2010-2011 VAULT VALUES

\*YURCHENKO VAULTS NOT ALLOWED

## 7.80

Straddle or squat with or without  $\frac{1}{2}$  turn  
Round Off

## 8.40

Stoop Handspring Sideways  $\frac{1}{4}$  twist  
[ $\frac{1}{4}$  on  $\frac{1}{4}$  off]  
Handspring/Yamashita

## 8.80

Hecht  
Handspring Sideways  $\frac{3}{4}$  twist  
[ $\frac{1}{4}$  on  $\frac{3}{4}$  off]  
Handspring or Yamashita  $\frac{1}{2}$  twist

## 9.00

Stoop or Hecht with  $\frac{1}{2}$  twist

## 9.20

Handspring, Yamashita, Hecht, or Stoop  
with full twist  
 $\frac{1}{2}$  on full twist off  
Handspring Sideways  $1\frac{1}{4}$  twist  
[ $\frac{1}{4}$  on  $1\frac{1}{4}$  off]  
Tsukahara Tuck

## 9.40

Handspring or Yamashita with  $1\frac{1}{2}$  twist  
Handspring Sideways  $\frac{1}{4}$  twist tuck front  
Tsukahara Pike or Tsukahara Tuck with  
 $\frac{1}{2}$  twist

## 9.50

Handspring tuck front

## 9.60

Handspring or Yamashita with  $2\frac{1}{4}$  twist  
Handspring Sideways  $\frac{1}{4}$  twist pike front  
Kasamatsu Tuck  
Tsukahara tuck with full twist  
Tsukahara Pike with  $\frac{1}{2}$  twist  
Tsukahara Layout  
Cuervo Tuck

## 9.70

Handspring pike front  
Handspring tuck front with  $\frac{1}{2}$  twist

## 9.80

Cuervo pike  
Kasamatsu pike  
Kasamatsu tuck with  $\frac{1}{2}$  twist  
Tsukahara pike with full twist  
Tsukahara tuck with  $1\frac{1}{2}$  twist

## 9.90

Handspring layout front  
Handspring pike front with  $\frac{1}{2}$  twist

## 10.00

Tsukahara layout with full twist or more  
Kasamatsu layout or with full twist or  
more  
Handspring layout front with  $\frac{1}{2}$  twist or  
more

10/29/2010

Questions regarding these rules, their interpretation or implementation should be directed to the Chair of the Men's Rules Committee of the THSGCA. Kevin Muenz: 214.457.6429 - kgmuenz@garlandisd.net