



THSGCA

Texas High School Gymnastic Coaches Association

Post-Season Injury Petition for Regional and State Championships

Refer to the 2018 GAT Minutes

An athlete may obtain a waiver to advance in post-season competition

(District >> Regionals OR Regionals >> State)

if they meet ALL of the following criteria:

1. Have documentation of injury or ineligibility at the time of the qualifying competition.
2. Have met the season 1-meet competition rule (3-meet rule if not with a qualified team).
3. Are listed in the Top 15 in their Region for either the high score or average rankings
4. Injury petition is not necessary for athletes who are a member of a team that has qualified through to the next level of competition.

Waiver Process

1. Coaches will submit a meet waiver for any athlete who meets the criteria listed above.

<u>Meet petitioning to:</u>	<u>Regionals</u>	<u>State</u>
<u>Gymnast's Name:</u>	_____	_____
<u>High School:</u>	_____	_____
<u>Date of Injury:</u>	_____	_____
<u>Date of Release:</u>	_____	_____
<u>Coach's Name:</u>	_____	_____
<u>Coach's Email:</u>	_____	_____

2. Licensed Medical Professional's written verification of injury and release to return to gymnastics activity must be attached. Please specify the DATE of return to gymnastics activity.
3. Deadline: One week prior to the Championship meet the waiver is requesting entry for (limited exceptions to this deadline may be accepted for unusual circumstances).

Send completed form to the THSGCA President, Vice-President and Regional Chairman

Incomplete forms will NOT be accepted. It is the responsibility of the coach to provide all necessary information by the deadline.